

4th Annual Kathryn Bender 5K Walk/Run

Why: To support KBMF in purchasing EKG machines that provide heart screenings of young adults.

What: 5K (3.1 mile) run on track (NO times)
ALL runners and walkers welcome!

When: Saturday, August 21st, 2010 (no rain date)

Where: Naperville North High School
(Football Field Track)
899 Mill St. Naperville, IL 60563

Cost: Pre-registration: \$20/person or \$60/family
(Must be received by August 7th)
Late registration: \$25/person or \$70/family
(August 8th - Morning of Race)

Register: Fill out and return the bottom portion of this form with payment to:
Kathryn Bender Memorial Foundation
P.O. Box 52
Naperville, IL 60566
(Make checks payable to: KBMF)



Last year's 5K walk/run!

Day of Race:
8:30am
 > Check-in/registration
 > T-shirt distribution
 9:00am
 > Walk begins
 After the walk
 > Enjoy complimentary food and water
 > Visit with all of your friends, old and new!

KBMF 5K Walk/Run Registration

I am registering and have enclosed a payment for (choose one):

- Individual Pre-registration (before August 7th) \$20.00
- Family Pre-registration (before August 7th) \$60.00
- Individual Late-registration (August 8th - morning of race) \$25.00
- Family Late-registration (August 8th - morning of race) \$70.00

T-Shirt Sizes

Guaranteed if registered by August 7th.
Please write the # of shirts per size for family registration.

Youth S	_____	Adult M	_____
Youth M	_____	Adult L	_____
Youth L	_____	Adult XL	_____
Youth XL	_____	Adult XXL	_____
Adult S	_____	Adult XXXL	_____

Runners Name(s) (please print)

Contact Phone Number

E-mail Address

By signing this registration, I know that running a race is a potentially hazardous activity. I assume all risks associated with running this event. Having read this waiver and knowing these facts, I and anyone entitled to act on my behalf, waive and release all rights and claims for damages I may have incurred against all organizers, Kathryn Bender Memorial Foundation, Naperville North High School, Naperville Community Unit School District #203 and sponsors as a result of participation .

Signature of person responsible for party (must be over 18)